



> Training/Workshops

CLS offers a range of workplace and life skills workshops/training sessions that can be tailored to meet the need of any organisation.

- Communicating in the Workplace
- Anti-Discrimination Legislation (Bullying and Harassment)
- Elder Abuse Legislation (Nursing Home training)
- Assertiveness Training
- Communication and Listening Skills
- Understanding Grief
- Dealing with Difficult People
- Conflict Resolution Skills
- Time Management
- Dealing with Change
- Leadership Training
- Stress Management
- Mediation and Negotiation Skills
- Team Building
- Suicide Intervention Skills Training:
Living Works ASIST/SafeTALK/SuicideTALK

Other training packages tailored to your requirements as requested.

